



28 March 2024

Dear Parent,

Focus Day PSHCE/RSE Content: Wednesday 17 April 2024

Our next Focus Day, which is part of our PSHCE/RSE curriculum, takes place on Wednesday 17 April. As part of the day, Year 11 are going to be participating in workshops and activities with external, trained professionals, revolving around the Health, Relationships and Sex education topics. The topics chosen are recommended within government guidance and tailored to the issues that young people may face online and within society today.

The topics that will be covered on the day are:

- Pregnancy Choices
- Cancer awareness; including breast cancer and testicular cancer
- Pornography
- Relationships

As a school community, we are committed to working in partnership with parents. You may find that your child starts asking questions about the topics at home, or you might want to take the opportunity to talk to your child about these issues before the focus day. Please read the guidance linked below to support you with this:

[Understanding Relationships, Sex and Health Education - a guide for secondary school parents \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

[Teacher Briefing - Addressing Pornography through PSHE Education 0.pdf \(cht.nhs.uk\)](https://www.nhs.uk/pshe-education/0)

As a school, we know that cancer can be prevalent in students' lives and if you think we need to be aware of anything or that your child might be particularly sensitive to the topic, please let us know so we can speak to them prior to the day and ensure they know what support is available.

If you have any queries about the content of the programme, or resources used, please do not hesitate in contacting us at school. Please be reassured that all PSHCE/RSE teaching on the day will take place in a safe learning environment and is underpinned by our school ethos and values.

Please be reminded that students can choose to 'opt' themselves 'in' to all content in sex education two terms prior to their 16th birthday as outlined within government guidance.

Yours faithfully,

Phoebe White and Annaleigh Knott
PSHCE Leads