



October 2023

Dear Parents,

Relationships and Sex Education (RSE) and Health Education (HE)

As the new academic year gets underway, we are continuing to deliver the now-compulsory Relationship and Sex Education and Health Education content at CGA. As such, we thought it would be useful to provide you with the link to the statutory guidance from the Department of Education regarding RSE and HE, which outlines the purpose and reasoning for the compulsory introduction of this content into your child's curriculum. If you have not yet read this, we encourage you to do so now, and to look at the curriculum content so that you are aware of what your child will be taught in this area.

[Relationships Education, Relationships and Sex Education \(RSE\) and Health Education \(www.gov.uk\)](https://www.gov.uk/government/guidance/relationships-education-relationships-and-sex-education-rse-and-health-education)

We have recently collected student feedback on PSHCE (personal, social, health and citizenship education) and RSE, and are continually reviewing our offering in this area to help ensure our curriculum delivery in PSHCE/RSE is useful, supportive and meets the same high standards we set for all areas of our curriculum.

The links below lead to information that you may also find useful. They include: the government RSE guidance for parents; the section from the statutory guidance outlining what students should know by the end of secondary school; and the CGA specific PSHCE/RSE outline for each year group for the autumn term – although the exact timing for each topic is still subject to change. The planned delivery of this content has been carefully considered to ensure that it is age appropriate and meets the needs of all our students.

[Understanding Relationships, Sex and Health Education at your child's secondary school: a guide for parents \(assets.publishing.service.gov.uk\)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/101111/Understanding_Relationships_Sex_and_Health_Education_at_your_child_s_secondary_school_a_guide_for_parents.pdf)

[RSE: By the end of secondary students should know... \(www.gov.uk\)](https://www.gov.uk/government/guidance/relationships-education-relationships-and-sex-education-rse-and-health-education)

[PSHCE/RSE Autumn Term 2023](#)

If you have any questions about the RSE curriculum, please email cga@clapton.hackney.sch.uk and write **RSE feedback** in the subject line.

Kind regards,

Molly Davies
PSHCE/RSE coordinator