

## Collective Time

CT schedule		
Day	CT	Assembly
Monday	Mindfulness/Wellbeing Silent reading (Year 10)	Year 7 (NH) and 8 (DP)
Tuesday	Student voice/tutor lead Mindfulness/Wellbeing (Year 10)	Year 13 (NH)
<b>Wednesday (Focus Day)</b>	Current affairs	Year 11 (NH) and Year 9 (DP)
Thursday	Silent reading	Year 10 (NH)
Friday	Reflection	Year 12 (DP)



## Crisis in Israel and Palestinian Territories – Update on CGA response

**A big thank you to all students that took the time to share your feedback via the box in the LRC. The plans below are all based on student feedback from the LRC box and School Council.**

The news and images from Gaza and Israel continue to shock and sadden us all. We understand that you want to help the victims of this crisis and are proud of your compassion and your commitment to help others. As a school community, we are going to show our support for the victims of this crisis. The charity chosen by students via the LRC feedback box was **Children in Gaza Crisis Appeal – UNICEF UK**. We will start the fundraising for this charity by:

- **Setting up a JustGiving page** to collect money from the CGA community e.g. students, staff, parents and trustees.
- The School Council organising a **whole school bake sale** at break time on Thursday 30 November.

**More information will follow about how you can help.**

Other ideas for activities and fundraising are welcome.

Please continue to use the LRC feedback box to share these.



# DONATE TO PROTECT CHILDREN IN THE GAZA CRISIS

MONTHLY SINGLE

£68 £39 £32



£39 could provide a family with an emergency water and hygiene kit

£ OTHER AMOUNT

**DONATE NOW**

VISA



AMERICAN EXPRESS

PayPal

Unicef are an impartial, non-political humanitarian organisation. While they continue to report on and advocate for the protection of all children in both Gaza and Israel, their humanitarian response is driven by the need.

**Children in Gaza crisis appeal - UNICEF UK**





# Challenge, Wellbeing, Teamwork

We hear from your feedback how much the ongoing situation has affected lots of you and will be offering a talking session for students. This will be a safe space to talk about how you are feeling and explore strategies for managing challenging emotions. Students can sign up for this session with Ms Begum (Engagement Intervention Lead) in room R01 (by the drama studios). The date, time and number of sessions will be confirmed next week once we know how many students would like to take part.

A reminder that there is lots of guidance on how to manage feelings about difficult situations in the news. For example, from Mind here: [Coping with distressing events in the news – Mind](#)

We have also shared guidance with your parents about how they can support you.



**My head and mind felt like I was being sucked into a whirlwind of information, and I could feel my anxiety creep back in and wash over me.**





## Kindness



**BE KIND**

You never know  
what someone is  
going through

We are very proud of the kindness, compassion and tolerance that you show each other every day.

Please remember the effect that your words and actions have on others. It is really important, particularly during difficult times, that we remember that we are one big team and that in unity there is strength.



# Challenge, Wellbeing, Teamwork

As a school we must always be educational, impartial and compassionate. However, we understand that as passionate individuals yourselves, you may have strong views on world events and we acknowledge your anger, concern and hurt.

We are proud of your passion for social justice, your willingness to champion human rights and the compassion you show for others.

We are here to listen and provide you with opportunities to voice your concerns in a safe and appropriate way.





## What are human rights?

Human rights are the basic rights and freedoms that belong to every person in the world, from birth until death. They apply regardless of where you are from, what you believe or how you choose to live your life. These basic rights are based on shared values like dignity, fairness, equality, respect and independence. These values are defined and protected by law.







# Challenge, Wellbeing, Teamwork



We will be recognising Human Rights day week beginning Monday 11 December. Please use the LRC box to share your ideas on how you would like to do this.



# Library Monitor badge giving

**When?** This Friday, 8:40 – 9:00am

**Where?** In the LRC

Congratulations to the following students who have passed their probation and earned a library monitor badge:

## **Year 7**

Mattie Gleadow  
Darcey Maskew  
Zelda Segal  
Najmah Saliu

## **Year 8**

Mem Buayian  
Nazneen Dauhoo  
Mali Furtado  
Blanche Inchenko  
Dhruvi Patel

## **Year 9**

Fatimah Anis  
Eliza-Maria Bruce  
Delicia Ekutsu Mbala  
Qurratulain Muhammad  
Amna Tariq

## **Year 10**

Mia Breen  
Seren Brewer-Dunseath  
Romilly Norton-Smith

## **Year 11**

Hawa Jawara  
Shayane Khan  
Sarah Tobbichi

Come straight to the LRC for CT,  
you will be registered here.



## CT silent reading



What do you think will happen next?

*Struggling to get into your book?  
Try this:*

**Before reading:** Think ahead and predict.

What will you find out about the characters?

What do you think ... means?

**During reading:** Monitor your understanding.

What does the language make you think of/feel?

Were your predictions accurate?

**After reading:** Reflect and think deeply.

What was the most important piece of information you read?

### **Expectations:**

- ✓ Bring your own book (from LRC/home).
- ✓ Read in silence.

### **If you don't have your book:**

- Borrow a book from the reading box for today.
- A book is part of your essential school equipment – your tutor will refer you to Ms Shoard to help you choose a book from the LRC.